

Shakti Yoga Center

August 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Aug. 31	Kundalini: Defies description, please experience for yourself! * Intro class: free for first-time students on first Thursday of month.					1	2
8:45A Basic Marietta					8:45A Basic Clarissa	8:45A Basic Sal	
10:30A Gentle Nancy					10:30A Basic Sal		
12:30P Basic Marietta							
5:45P canceled					5:45P Basic Sal	7:45P 50/50 Nancy	
3	4	5	6	7	8	9	
8:45A Basic Joan	10:30A Gentle Alice	10:30A Gentle Joan	8:45A Basic Joan	10:30A Gentle Alice	8:45A Basic Clarissa	8:45A Basic Sal	
10:30A Gentle Nancy						10:30A Basic Pam	
12:30P Basic Nancy			4:00P Gentle Marietta				
5:45P R&R Gen	5:45P Gentle Marietta	5:45P Basic Gen	5:45P Basic Karen C.	5:45P Basic Trish	5:45P Basic Sal		
	7:45P Basic Nancy	7:45P Kundalini Sunder	7:45P Basic Sal	7:45P Gentle* Trish	7:45P 50/50 Pam		
10	11	12	13	14	15	16	
8:45A Basic Joan	10:30A Gentle Joan	10:30A Gentle Joan	8:45A Basic Joan	10:30A Gentle Joan	8:45A Basic Clarissa	8:45A Basic Sal	
10:30A Gentle Nancy						10:30A Basic Wayne	
12:30P Basic Marietta			4:00P Gentle Marietta				
5:45P R&R Gen	5:45P Gentle Marietta	5:45P Basic Gen	5:45P Basic Joan	5:45P Basic Trish	5:45P Basic Sal		
	7:45P Basic Nancy	7:45P Kundalini Sunder	7:45P Basic Sal	7:45P Gentle Trish	7:45P 50/50 Pam		
17	18	19	20	21	22	23	
8:45A Basic Joan	10:30A Gentle Alice	10:30A Gentle Joan	8:45A Basic Joan	10:30A Gentle Alice	8:45A Basic Clarissa	8:45A Basic Sal	
10:30A Gentle Nancy						10:30A Basic Wayne	
12:30P Basic Nancy			4:00P Gentle Marietta				
5:45P R&R Gen	5:45P Gentle Marietta	5:45P Basic Gen	5:45P Basic Marietta	5:45P Basic Gen	5:45P Basic Marietta		
	7:45P Basic Nancy	7:45P Kundalini Sunder	7:45P Basic Wayne	7:45P Gentle Gen	7:45P 50/50 Marietta		
24	25	26	27	28	29	30	
8:45A Basic Joan	10:30A Gentle Alice	10:30A Gentle Joan	8:45A Basic Marietta	10:30A Gentle Alice	8:45A Basic Clarissa	8:45A Basic Sal	
10:30A Gentle Nancy						10:30A Basic Sal	
12:30P Basic Marietta			4:00P Gentle Marietta				
5:45P R&R Gen	5:45P Gentle Marietta	5:45P Basic Karen N	5:45P Basic Karen C.	5:45P Basic Karen C.	5:45P Basic Sal		
	7:45P Basic Wayne	7:45P Kundalini Sunder	7:45P Basic Sal	7:45P Gentle Marietta	7:45P 50/50 Marietta		