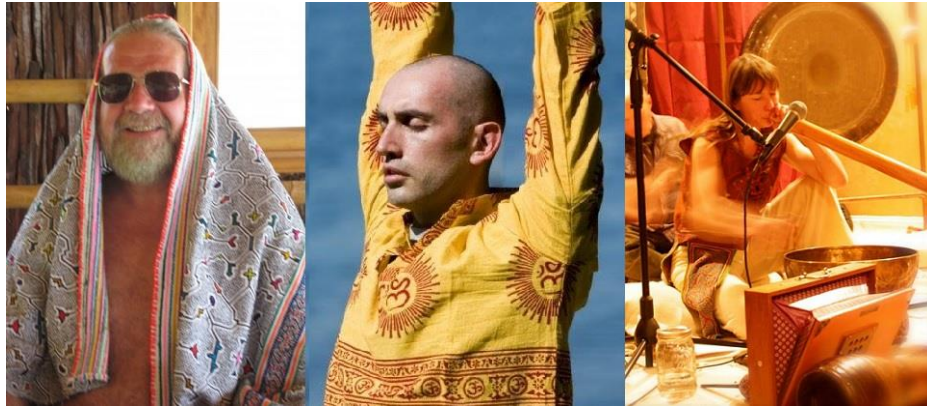


*July Yoga Retreat*  
*With boris prana*  
*And Friends*



Boris Prana invites you join him in Yoga Retreat at the Interfaith Peace Temple in Upstate New York from July 10th - July 12th. For a few days, leave behind the duties and responsibilities of everyday life to explore opportunities for personal spiritual growth, health and self-transformation. The Retreat setting is intimate and far away from the noise and business of city life with grounds that offer a magical 100 acres of walkable woods, fields, ponds with friendly llamas, alpaca's and other farm animals.



This Yoga Retreat Weekend is sure to resurrect your spirit, nourish your soul and restore flexibility to your mind and body in a heart-opening, concentrated three-day format with:

- 1 hour Guided Meditation
- 2.5 hours Morning Master Yoga Class
- 2 hour Meditative Yoga Class with healing music / vocals performed by Susanna Raeven (intoxicating voice, sruti box, drum, Tibetan bowls, rattles, shacapa, didjeridoo).
- 1 hour entertaining exploration of yoga philosophy with Swami Bruce Hilliger (Atmavratananada) - Professor of Philosophy.
- 2.5 hours breath work with sacred ceremonial cacao (cocoa) from Peru.

*\$365 all inclusive (except transportation)*

Expect to leave this Retreat radiating your Inner Divine Light and Joy which is your birthright and the ultimate goal of every yoga practice.

Name \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_ (both required)

Check made out to SI Empire Inc. or  
Cash amount enclosed \_\_\_\_\_ for \_\_\_\_\_ number of spaces