

Shakti Yoga Center

3 Victory Blvd
Staten Island, NY 10301



www.shaktiyoga.com

Contemplative Asana Class & Intro to CBD

Friday, June 30th, 7:30 – 9:30pm

Join Boris Prana for a contemplative “all levels” asana class” which will mix yoga asana with a sampling of CBD oil.



Learn about and experience the amazing health benefits of CBD oil It feeds and revitalizes various systems of the body the body in numerous, scientifically documented ways. See how it may positively impact your asana practice – and do so much more for the health of your body!

Limited to 30 participants:

Pre-Registration by Saturday, June 24th: \$30

\$40 June 25th Forward

Registration Form – Introduction to CBD Asana Class
Shakti Yoga Center, 3 Victory Blvd, Staten Island, NY 10301

Friday, June 30th, 7:30-9:30pm

Name: _____ Email /Phone (required): _____

Check or cash amount enclosed _____ for _____ (space(s) (Credit cards not accepted)